



FGC

Family Group

Conference Service

Your family, Your meeting,

Your decisions

What's an FGC ?

Your family, Your meeting,

Your decisions

A Family Group Conference or FGC is a meeting your family can have to help sort out some problems.

Your family, your Social Worker and perhaps some other people who may be able to help will come to the meeting, you may want to suggest who comes.

Your family will have a Convener who will talk to everyone in the family and get everyone together for the meeting.

You will be given an Advocate and with their help you will be able to tell your family how you feel about what has been going on.

Your Advocate will come and see you again after the meeting to go through the plan your family wrote and you will see them again a few months later if your family decides to have a review.

You can also suggest where your meeting will take place and what food you would like to eat.

This is what some other young people had to say about their FGC:

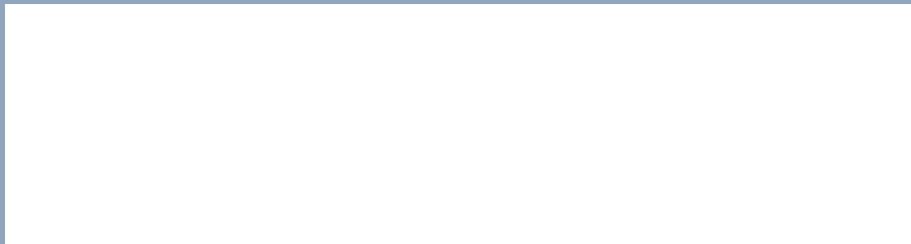
“I got to choose Jaffa cakes for the meeting”

Jamie age 11

“I was worried at first but it was ok”

Gabby age 13

These are your Conveners contact details:



What is an Advocate?

You – will be having your FGC soon to sort out some problems and if you want, you can have an Advocate there to help you.

Advocates – help Children and Young People plan what they want to say and support them at their meeting but they don't make any of the decisions.

With your Advocate you will look at how you feel about what's been happening and write some things down that you can show at your meeting, so that your family will know what to change to make things better for you.

You will only meet your Advocate a few times and if you want to tell them something that you don't want them to tell anybody else that's OK, unless they think you or someone else could get hurt.

If you don't like your Advocate you can talk to someone else instead and that's fine.

This is what some other young people had to say about their Advocate:

"Don't be frightened, don't be shy, just talk"

Amy age 8

"I liked my Advocate"

Jason age 8

These are your Advocates contact details:

